

TARGET

Summary of Learner Objectives

The TARGET level is for those age 5 & 6 and is unique to The First Tee, as it precedes the formal Life Skills Experience (LSE) and the accompanying certification process. The objective of the TARGET level is to foster enjoyment for the game and time spent at the golf course, as a foundation of understanding, but also to ensure that players are more apt to play golf in the long-term (i.e. become a "PLAYer for Life").



Core Lesson Outline

T – Take Aim

Select a target, and then develop methods of alignment to ensure you are properly aimed. This lesson provides not just the golf technique of alignment, but also the beginning of goal-setting.

A – Anyone Can Play

Golf is a game that anyone can enjoy, and should be allowed to play, regardless of skill level, background, what equipment one owns, or any other external factor. As long as a person commits to respect for self, others, and surroundings, and wants to learn, they can play golf!

R – Respect

The First Tee Code of Conduct includes respect for oneself, others, and surroundings. This provides a foundation of appreciation for the game and those who play it, and fosters a long-term relationship with learning.

G – Golf is a Game

There are many games, and golf is one. Players learn the similarities and differences between golf and other games (and sports). Golf is fun, challenging, and focuses on both the process and the outcome.

E – Enjoy Yourself

Consider what makes golf fun for you. Do you like the social aspect of spending time with friends and classmates? Do you enjoy competition and playing your best? Do you like being outside? To become a "PLAYer for Life," one must develop a personal appreciation and enjoyment for the game.

T – Try It!

Develop the confidence to try new things, both in golf and outside of golf. Don't be afraid to try something that is new, challenging, or different. Test new clubs and balls, challenging lies and shots, and different ways to stand and hold the club. And try new sports and activities off the course as well!